

Pancha Karma Registration Application

Please complete this (helps if you bold your answers) and e mail it back with:

1. Deposit (50% of total cost)
2. Two current photos; close up of face and clothed full body.

Proposed Dates for receiving Pancha Karma:

 / / to / /
Initial deposit of _____ I will pay the remaining balance on day one of my Pancha Karma treatments.

Please complete this form to the best of your knowledge.

Print Full Name:

Birth data: / / time : (Accuracy here is important)

Location: (city/state) where you were born

Home Address

Phone

Fax

E Mail

Other

My intentions for receiving Pancha Karma are:

Circle any of the following conditions that you have now or have had: athlete's foot (needs to be cleared up before treatment), ask for remedy if you do not already have one, pregnancy, lactation, hypertension, lympho-sarcoma, cancer of the lungs or testicles, melanoma, congestive heart failure, HIV or AIDS, dehydration, or any active infectious disease please explain_____

Asthma, allergies, emphysema, chronic fatigue syndrome, carpal tunnel syndrome, fibromyalgia, obesity, cigarette smoking current/past, Chron's syndrome, irritable bowel syndrome, stomach ulcer, shingles, herpes simples/genitalis/zoster (shingles), food addictions, substance abuse.
Other_____

Please list any medications/vitamins/herbs are you currently taking:

This information is confidential. Please document your recreational drug/substance use of past, present and future intentions.

Please document your health history (any health concerns, illnesses, healing crises), as well as details about your current self-care program, i.e., yoga 3x per week etc.

Appointment Policy: Verbal reservations are made, then within one week a deposit must be received. If your deposit is not received within that time your dates may be given to someone else. Please make sure that we receive your deposit before making airline reservations. Rates are subject to change. For each day of your Pancha Karma program, a 50% deposit is required to reserve your time and space. The balance is due on day one of your Pancha Karma program. We accept, Master/Visa and Discover cards, and cash. The deposit is non-refundable yet may be transferable under certain conditions.

Client Responsibility and informed consent:

This is a time to be inward, a time to rest, recharge and become aware of your inner world. It should be introspective. Please give yourself the time to rest and enjoy your Pancha Karma.

While undergoing Pancha karma you are expected to avoid the following: work, stress, strenuous exercise, late nights, sexual activity, sun tanning/sunblock/sun burn, travel, boating, excessive talking, recreational drugs, caffeine, and watching television. Unfortunately, if you do not follow these instructions this may result in the termination of your Pancha Karma program and you will not receive a refund.

It is the responsibility of the client to follow these guidelines and also report any concerns, symptoms or challenges to your facilitator. Failure to do so may result in the termination of Pancha Karma treatment. We reserve the right to refuse Pancha Karma treatment at our discretion. If you are late or don't show for your scheduled treatments then the monies you paid will go to paying the therapists/consultants for that day and you miss out on that day of treatments.

I understand that Pancha Karma is not to be used in place of medical treatment, and that I should check with my doctor before making any changes to my diet or lifestyle. Pancha Karma is a program consisting of massages, and steam treatments and not a medical treatment for any medical condition. I agree to hold harmless, Darci Frankel, Hanalei Day Spa, the Ayurveda Center of Hawaii or any affiliated organization from any claims any heirs or I may make. By signing below, I agree that I am completely responsible for my physical, psychological health and well-being. This agreement is legal and binding.

The prices quoted on the website and brochures reflect the cost of basic Pancha Karma. Additional 'therapies' such as Shirodhara and individual yoga instruction may be indicated for your body/mind type and are an additional charge. Basic Pancha Karma includes daily traditional Ayurvedic warm oil massages from two experienced therapists, full body steam treatments, delicious healing foods, and guidance through the appropriate cleansings when your body is ready, several hours of Ayurvedic consultations including periodic pulse analysis, all in a beautiful, serene relaxing environment. Enjoy your Purva and Pancha Karma!

Print your full name here_____

Signing here means I understand and agree to all the above_____

Date_____